



March 2010

Dear Friend

As you may know Chinese Lifeline relies entirely on donations, grants and sponsorship to keep its services going.

Each year it costs \$66,000 to fund Chinese Lifeline. This includes administration costs, rent, 0800 number costs, counsellor training and support and promotion of the service. Unless we can raise this money each year, Chinese Lifeline will not be able to continue for future generations...we urgently need your help now to ensure its survival.

Many of our loved ones will suffer with mental health problems at some point in their lives; or we will face our own challenges that will threaten to drag us under...these are the times when help and support is needed most.

Over the years, Chinese Lifeline has been **a lifesaver for thousands of people from the Chinese community** who were sinking under the weight of their troubles. Now Chinese Lifeline needs your help to keep its own head above water through these difficult financial times.

Please **make a donation today** - fill in the coupon below and post to Chinese Lifeline, PO Box 74010, Market Road, Auckland. We would also encourage you to talk to your friends and family about Chinese Lifeline and to ask them for their support. For more information phone Grace or Sunday on 909 8753 or email gracec@lifeline.org.nz

Quite often those struggling can feel isolated and alone. These are the times when friends are needed more than ever – by standing together we can make sure that something good like Chinese Lifeline does not slip away and ensure it continues to thrive for many years to come

Thanks for your support

Best wishes



Sunday Tsoi
Chinese Lifeline Manager



Name: _____

Address: _____

Phone: _____

Email: _____

Donations are tax deductible. A receipt will be sent

Yes! I want to help Chinese Lifeline stay afloat

Please charge my credit card each month:

\$20 \$30 \$60 Other \$ _____

Visa Mastercard Amex Diners

Card No. _____

Expiry date _____ Signature _____

Or

Please process a one off donation of \$ _____

Or

Please find my cheque for \$ _____ enclosed
(please make cheques payable to Chinese Lifeline)

Or Visit www.chineselifeline.org.nz to make an online gift
(put Chinese Lifeline in the Appeal field of the online form)